

Crisis Lines and Hotlines (available 24/7)

Suicide & Crisis Lifeline – 988

Crisis Text Line – Text TALK to 741741

Westmoreland County Crisis Line (mobile crisis program available) – 1-800-836-6010

Allegheny County Crisis Line (Resolve Crisis Services) – 1-888-796-8226

UPMC STAR Center (youth) & CO-STAR (college age) – 412-624-1000 or 1-877-624-4100

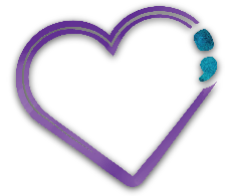
UPMC STAR Center Postvention & Crisis Response Services for School Districts – 412-864-3346

The Trevor Project (for LGBTQ youth) – 1-866-488-7386

Veteran's Crisis Line – 1-800-273-8255 press 1

Vets4Warriors (peer support) – 855-838-8255

Fire/EMS Helpline (answered by a First Responder) – 1-888-731-3473



Walk-In Crisis Centers

Excelsa Health Crisis Response Center – 532 West Pittsburgh St., Greensburg 15601 – 724-832-4465

Walk-in 7:00 a.m.-11:00 p.m. or go to Excelsa Health Westmoreland Hospital ER (same address) 24/7

Resolve Crisis Services – 333 N. Braddock Ave., Pittsburgh 15208 – 1-888-796-8226

Walk-in 24/7, free to Allegheny County residents

Helpful Websites

Alliance of Hope (suicide loss survivors) – www.allianceofhope.org

American Foundation for Suicide Prevention - www.afsp.org

Come, Talk Inc. – www.cometalkinc.com

Frontline Responder Services (first responders) – www.frontlinerehab.com

Hold Hope (parents) – www.holdhope.info

Mental Health America - www.mhanational.org

National Alliance on Mental Illness (NAMI) – www.nami.org

National Institute of Mental Health - www.nimh.nih.gov/health/topics/suicide-prevention

National Suicide Prevention Lifeline - www.suicidepreventionlifeline.org

Please Live (teens) - www.pleaselive.org

Ray of Hope – www.rayofhopewestmoreland.org

Suicide Prevention Alliance – www.suicidepreventionalliance.org

Survivors of Suicide Loss – www.sosmadison.com

The Jason Foundation (youth, teens, young adults) – www.jasonfoundation.com

The Jed Foundation (teens & young adults) - www.jedfoundation.org

The Trevor Project (LGBTQ youth) - www.thetrevorproject.org

UpStreet Pittsburgh (ages 12-22) – www.upstreetpgh.org